

# Jack<sub>II</sub>

*Direct to Administrators and Volunteers*

100%  
Unofficial

## Bowls NSW Finalist

### “Organisation of the Year”

The NSW Sports Federation Awards Night is 16th February. The Annual Awards Night is significant in NSW as it is one of the few opportunities all the sports get to sit down together as an industry and acknowledge the effort and results of the people that drive the success of sport across the codes.

NSW has some very high profile participants in every category so it is a real feather in the cap of BOWLSNSW to be acknowledged as a finalist in this elite category.

2011 saw the organisation bring in a new constitution, conduct a raft of events and maintain high professional standards at a time when many sports are struggling to maintain their hold.

The favourite for the Award must surely be Netball NSW after they successfully bid for their World Championships and secured 27 Million dollars state funding to build their Centre of Excellence.

Welcome to the eleventh edition of our Enews Jack.

If there is something that you think needs to be spoken about then please get in touch, we are only too happy to talk about the things you want to talk about. Don't forget to pass this on to all your friends and associates and tell them its free to subscribe. There is no catch, and they can unsubscribe easily.

[michael@rnswba.org.au](mailto:michael@rnswba.org.au)

Michael Beaumont  
Development Manager + Editor



#### CDOs Visit

The new Community Development Officers met in Sydney at the offices of the NSW Women's Bowling Association to undergo some further training and be briefed by the State Presidents.

It was great to see them all together in one room. NSW will be well served by this terrific enthusiastic group. Picture left.

## Bowls Australia Awards Night

February 18th in Melbourne. The Australian bowls Night of nights is almost upon us. At the event they will name the BCIB International Bowler of the Year, Male and Female Bowler of the Year, the most important category of the night will of course be the professional Administrator of the year (Because I won that last year), Under 18 male and Female Bowler of the year, Coach and Official of the year, and Volunteer of the Year. The Night is held at the Park Hyatt in Melbourne and is shaping to be quite the night. NSW bowlers must be in the frame for Under 18 bowler of the year and International Bowler of the year at the very least.

## Indigenous Tour “Event of the Year” Finalist

The NSW Sports Federation Awards Night is held on the 16th February. The Indigenous tour has been named as a Finalist in the Event of the Year. Congratulations must go to Will Trapman (Indigenous side manager) the players and the members of the Development team that were involved in the Tour. It certainly was a special event.



## CDO has big job ahead

Peter Fahey (pictured left) is one of the new team of CDOs in NSW recently appointed by Bowls Australia. Peter will be based in Yass and has all of Canberra as well as the south coast to look after. It is a huge area with lots of great clubs. If you are in that part of the State you will see Peter at your club in 2012. Please make him feel welcome, he's a good bloke. He has been around bowls for about 20 years.

## Psychology for bowlers

If you want to know more about how to prepare like a real athlete, then visit my friends at Condor Performance. There is so much in sports psychology that is relevant and useful for bowlers. One of the things Condor specialise in is Mental Toughness, training to allow athletes to compete under pressure.

You can contact them at [www.condorperformance.com.au](http://www.condorperformance.com.au)

## Conditions of play 2012

The 2012 Conditions of play are online at [www.rnswba.org.au](http://www.rnswba.org.au)

or for sale from our offices at \$5.50 per copy plus postage and handling.

There are changes to eligibility and grading.

## Congratulations to the new Coaches

We have had a good run of coaches come through the new system. Congratulations to all of you. Now get out there and coach. Don't just wear the badge, you are no use to anyone by just wearing the badge. You know how to do it effectively, now you have to do it.



# Coaching Courses

There are a lot of new coaching courses posted for 2012. Check out the website on [www.rnswba.org.au](http://www.rnswba.org.au) for more information. Now is a great time to get involved in coaching. The new coach structures and course material have meant that some of our older coaches have left the system and we have a real need for empathetic, energetic player focussed bowlers capable of taking on the challenge of coaching.

It's not for everyone, I completely understand that. But if you are the sort of person that has realised it is time to give something back to the sport you love, maybe its time you had a look at coaching.

# Affordable education for board members

The NSW Sports Federation has just released its timetable for courses for early 2012. Course subjects include "Resolving Conflict in your club" "Managing Volunteers" "The role of the board and running effective meetings" "Planning your clubs future" "Member Protection Information Officer" and the very popular "Writing winning Grants". Most of these courses are just \$60, with the exception being the MPIO course which is \$120. For more information go to the website [www.sportnsw.com.au](http://www.sportnsw.com.au) and go to education. Or You can speak with the Education co-ordinator Julie Stafford on 81 16 9737. These great courses are incredibly good value. You get the benefit of being a member of the Sports Federation through your membership of BowlsNSW.



## Josh charging ahead

New CDO Josh Thornton is making waves out west. Based in Dubbo, Josh has a huge area to cover in country NSW and is charging ahead at a great rate. Josh has been involved in the game for and has 18 months experience as a development Officer, having worked in Queensland in that role before taking on the role here in NSW.

If you are out west, you can expect Josh to be visiting your club in the near future, please make him feel welcome, he is a great character, a very handy bowler and has a great sense of humour and boundless energy.

## Rookies

Its that time of year folks! You should be talking to all the players at your club that are eligible to play in the State Rookie Championships. That is all those players that have playing for less than 30 months as at October. The tournament is played in Singles and Pairs and is a great chance to win a state championship in your first two years on the green.

The guy that won it the first year, won his zone championships with a stroke of luck and then went through and won the whole thing. You have to be in it to win it so get your players involved.



## Don't print this Newsletter

Ok, you can if you really have to, but the whole idea of the E-news is that people will subscribe and read it online and help save a tree or two. Rather than print it out, send it along to people you know that are also online. Save a tree.



## You've got to laugh

Adam McIntyre is one of those really funny guys that gets everyone laughing. He has a very quick mind and a great turn of phrase. Two attributes that will stand him in good stead out in the country. Based in Leeton but serving the entire south west of the state in his role as a Community Development Officer. Adam has extensive experience as a bowls co-ordinator and sports administrator and has played in the country and in Sydney as well.

With such a wealth of experience Adam is just the right person to help your club in the country. Get in touch, have a chat and a laugh.

## Why a National Bowls Census?

Each of the last few years an external organisation (Street Ryan) has sent a census form around to every club in Australia to collect information about our sport. The reason they do that is to then feed that information through to the people that make decisions about our sport so that they can make informed decisions. Its pretty pathetic then that a state like NSW only has 30% response to the census.

The Government is not going to be very supportive of us if all we can tell them is that **"blokes really enjoy playing."** its not a very compelling argument to help us out with some funding or other significant support. The other

## Yoga is the new black

Sportsmen everywhere are discovering the benefits of Yoga. It can't be long before it is a regular activity for all bowlers seeking to get that little edge. In a recent article I read about the Sydney Swans, it seems they have really benefited from the stretching that adds a little flexibility to their system.

Once the exclusive domain of young women in gym gear, there are now plenty of yoga centres that either specialise in classes for men or at the very least offer classes that are open to everyone.

Yoga centres seem to be popping up everywhere in the city. If you feel that a little flexibility might add to your game it might be worth going down to your local yoga centre and checking it out.

major sports do the same thing and are then able to see quite clearly what is working and what is not, what people want in a sport and how appropriate particular programs and services are in areas. It helps people like me when I am talking with our Minister for Sport to be able to say with conviction "blah blah blah whatever fact I have learned from the census" and yes Minister thats why we need your help.

With more government assistance and recognition of our sport the better our chances are of keeping fees low, keeping clubs open and providing a service that is relevant and meaningful. When the census comes around this year please fill it in. If you need help to fill it in let me know and we will send a community Development Officer around to assist. Every bowler and every club relies on you to fill out the census.



MB trying to be persuasive during the CDO induction process.

*Note the little black book.* The induction process was an excellent two days of information and training and meetings.

It is important for the new CDOs to be able to put faces to names and understand a little about the history of Development in NSW.

# New Constitution

As many of you would know by now, we have a new constitution for BowlsNSW. The new constitution was approved at a special general meeting late in 2011. The Challenge is now for the new board and the new State Council to settle into a process that manages meaningful change in our sport. The first board meeting of the new

board was 18th January and the first meeting of the council will be 21st March.

CEO Greg Helm announced shortly after the vote that BowlsNSW will be working actively toward keeping members updated with news regarding implementation of the new constitution. In the meantime if any JACK readers have any questions please feel free to send them through and we will do our level best to answer them.

As keen as we are to see some changes, I don't think the interim board are going to do anything radical straight away.

It is important to note that the Women's bowling association also have a new constitution, settled and agreed late last year. We live in interesting times.

## **Pictured Right**

State President Ian McKnight with the new members of the CDO team. These new Community Develop Officers will be knocking on your door in the very near future, please make them welcome and find out how they can help your club to be more robust. Ask them about the census and other issues that are important to you.



## Stand alone

The only woman in the Community Development team is Fiona Wendt. This powerhouse is setting the standard when it comes to club visits and meeting and greeting the bowls world. Fiona has plenty of experience working in both sport and in clubs and will be a great asset for the people on the north coast and inland.

She can mix it with the best of them and won't take no for an answer when it comes to club meetings. Ask her about club and community cohesion, how to make your club a more vital part of your community. She has the drum on grants and a whole range of other issues for you to discuss with her. get in touch with fiona on

# Mark Whiteman

It seems that pretty much wherever you look these days there is a picture of Mark Whiteman. Certainly that's the case in our offices in town. Mark worked here for three amazing years and has now taken up a role working with BA in his office in Newcastle. Mark originally hailed from the Waratah/

Mayfield area of Newcastle. His old desk turned into a bit of a shrine for a few weeks after he left us.

Mark is such a great character and I'm proud to call him a friend. He now has the responsibility for a large area and a huge number of clubs in the Hunter and Central Coast region of the state which means he will be forced to relinquish some of his responsibilities with the inclusion work he had done so brilliantly for the last few years. You can contact Mark on 0418641192



## Grants News

### Experience and Training Grant

Do you employ workers 50 years and over and apprentices or trainees? You may be eligible for \$4950 (Inc GST) to train your mature age workers so they can provide supervisory or mentoring support in your workplace.

For more information see the Federal government website for the Department of Education Employment and Workplace Relations.

[www.deewr.gov.au/employment/programs/expplus/employers](http://www.deewr.gov.au/employment/programs/expplus/employers)

## Let me know

Tell me what you would like to know from JACK in 2012. We will do our best to find out information for you.

In return we would like to know what is going well for you and what is not working all that well for you. How did your last recruitment drive go? By using JACK as a source of information, we can help each other.

I look forward to hearing from you.

Michael b

Community Development Officer Chris Green is familiar to many of our clubs and will continue to look after the Sydney Metro clubs.



## Don't be a news collector.

Be a sharer, rather than a collector. Too many people in our sport just collect news and information without sharing it. I think it may have something to do with power. We don't want to keep **Jack** a secret so please help us by passing it on to anyone you know involved in the game and ask them to subscribe too. Its free and they can opt out at any time they choose.

Thanks MB

## Contributors

CHRIS GREEN

Chris is a Development Officer with BowlsNSW and looks after the juniors.

ANDREW LYNN

Andrew is the Sports Co-ordinator and supports the permanent committees.

# Stop Press

Just before we sent this out, the NSW Sports Federation sent through their list of courses for March. Check out the course dates and venues below. I strongly recommend that you get along and do some of these courses. The fee is the members price. You are a member if you are an affiliated bowler. For more information you can call Julie at the Sports Federation on 81 16 9737.

Course	Venue	Day	Date	Time	Cost
Writing winning Grants	Ashfield	Thur	8th March	6.30 -8.30	\$60
Managing Volunteers	Central Coast	Mon	5th March	6.30 -8.30	\$60
Writing winning grants	Cudgen headland SLSC	Wed	21st march	7pm -9pm	\$60
Managing Volunteers	Hexham Newcastle	Mon	5th March	6pm-8pm	\$60
Marketing your Club	Menai	Mon	12th March	1.30-4pm	\$60
Marketing your Club	Mount Annan	Thur	15th March	1pm -3pm	\$60
Writing winning grants	Mount Annan	Sat	3rd March	11am- 1pm	\$60
The role of the Board and running effective meetings	Newcastle	Mon	12th March	6pm -8pm	\$60
Resolving conflict in clubs	Sydney CBD	Wed	21st march	6pm -8pm	\$60
MPIO Member Protection Information Officer	Sydney Olympic Park	Fri	9th March	9.30am- 4pm	\$120
Resolving conflict in clubs	Sydney Olympic Park	Wed	14th March	9.30-12.00	\$60
Media Releases & Sponsorship Pops	Sydney Olympic Park	Fri	16th March	9.30-12.00	\$60
Planning your clubs future	Sydney Olympic Park	Mon	19th March	1pm -4pm	\$60
Harrasment abuse and Child Protection	Sydney Olympic Park	Fri	23rd March	9.30-12.00	\$60
MPIO Member Protection Information Officer	Sydney Olympic Park	Wed	28th March	9.30am- 4pm	\$120